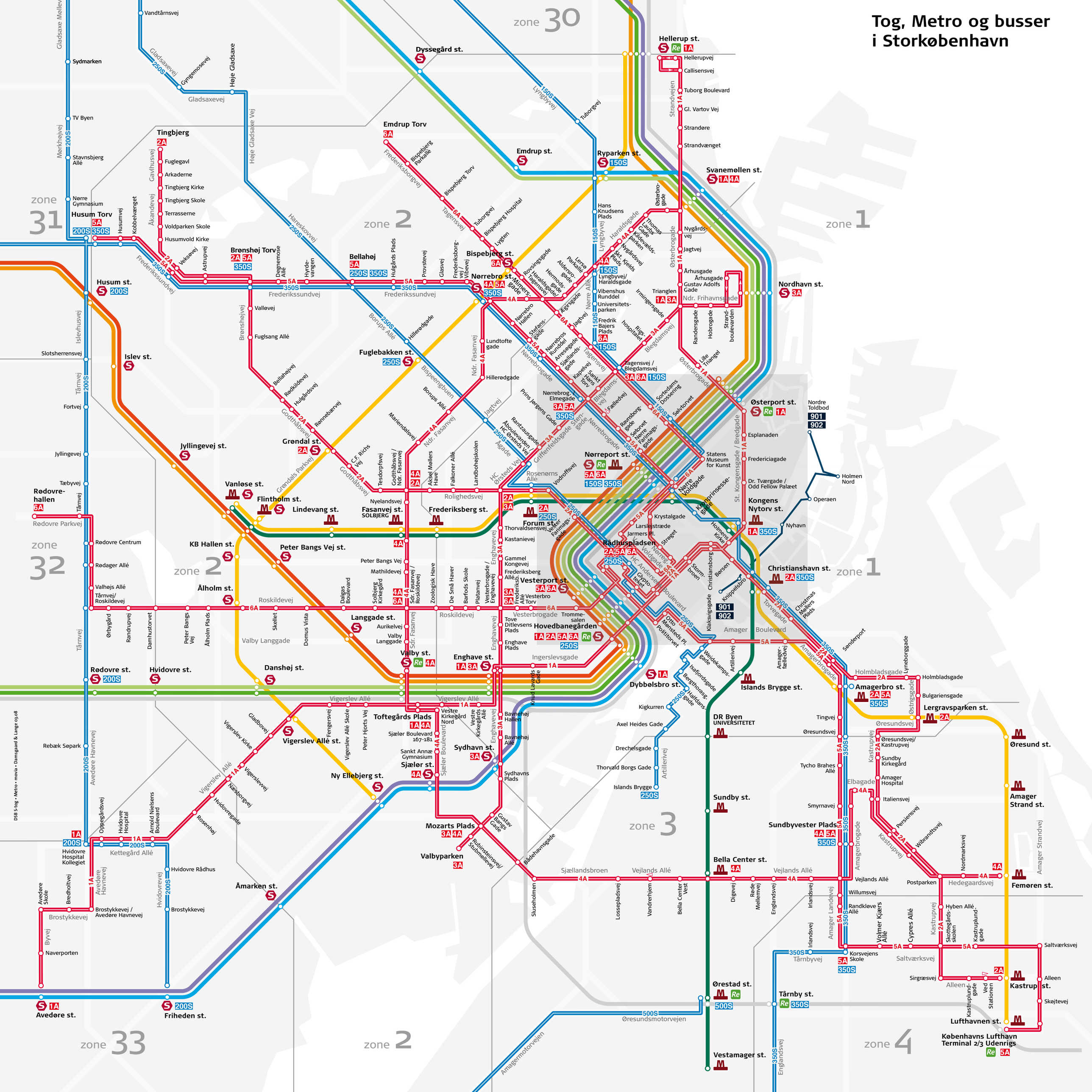Tog, Metro og busser i Storkøbenhavn